

# FAREWELL TO RELIGION

## Part 2: *Becoming Alive To God*

### Introduction – What Life Is *Really* All About

1 John 4:16

### Training For Spiritual Health

1 Timothy 4:7

### Listening To God – The Bible

Psalms 119:105

### Talking To God – Prayer

Philippians 1:3  
Romans 1:9-10

*The body's role in prayer... (Romans 6:13; 12:1)*

- i) Our bodies can help us maintain \_\_\_\_\_ when praying.
- ii) Our bodies can help us \_\_\_\_\_ what we're praying.
- iii) Our bodies can at times \_\_\_\_\_ our prayer.

### Being With God – Awareness Of His Presence

Ephesians 5:18; 6:18

Acts 17:28

Matthew 28:20

Luke 17:21

### Conclusion – Tapping Into Power

Matthew 26:41

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### **HOME CHURCH QUESTIONS...**

1. After reviewing Sunday's message, share one thing that you are learning or needing help understanding on this topic.
2. Do you tend to relate to God better through prayer, Bible study, or another way? Why do you think that is the case?
3. To what extent do you think your personality type affects your style of relating to God? How could you begin to develop your weak areas?
4. Read **Psalm 139:1-12**.
  - a) What is your favourite verse in this passage? Why?
  - b) How could this passage both encourage and discourage some people in their relationship with God?
  - c) What is David's reaction to God's encompassing presence? (See **verses 23-24**.)
  - d) In light of **verse 4** some people would ask 'Why bother to pray?' What is your answer to that question?
5. The problem of external religion without a spiritual heart is not just a New Testament concern. Read **Jeremiah 9:23-26**.
  - a) What verse speaks the most to you personally? Why?
  - b) Of the three things mentioned in **verse 23** which would be your greatest temptation to place your pride in?
  - c) In what way should we seek to "**understand**" God (**v. 23**)? What ways of understanding him do we tend to waste our time on?
  - d) What is the key lesson of **verses 25-26**? How does this lesson apply to your life?
6. Read **Psalm 37:4**. What do you think it means to "**delight**" ourselves in God? What practical steps can we take to do this?